

PSHE vocabulary

Core 1: Health and Wellbeing

Foundation Stage	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
boy girl family different same face skin hair body like don't like clean smelly sponge towel hands washing brushing teeth getting dressed undress safe/unsafe	Vocabulary of the previous year plus; physical behaviour safety gender characteristics dislike respect private parts new-born baby toddler child teenager adult comfortable uncomfortable rules	Vocabulary of the previous year plus; healthy eating physical activity risk opinion similar sex gender male female body parts diet tolerance offspring elderly normal emotions feelings emergency penis vagina	Vocabulary of the previous year plus; fostering young carer physical mental mutual responsibility appropriate internet safety consideration hygiene goal consequences	Vocabulary of the previous year plus; lifestyle unexplainable wellbeing isolation loneliness harmful self-care limited benefit physical/emotional change privacy marriage love target achievement hygiene medicines nutrition consequences	Vocabulary of the previous year plus; puberty menstruation menstrual cycle sanitary towel tampon periods cycle protection hair pubic hair armpit/underarm deodorant bra breasts sweat gestation period pregnancy sperm ovum fertilisation egg misunderstanding substance misuse medicine/alcohol/drugs/tobacco aspiration reproduction birth	Vocabulary of the previous year plus; peer pressure negative pressure conception foetus umbilical chord ovary/ovaries fallopian tube wet dream erection ejaculation embryo genital organ mature testicles reproductive organs bereavement transition abuse

Tier 3 Vocabulary



Core 2: Relationships

Foundation Stage	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
mum dad sister brother grandparents auntie uncle sharing bullying family	Vocabulary of the previous year plus; kindness fairness relationship feelings sharing name-calling	Vocabulary of the previous year plus; kindness fairness opinion listening caring teasing	Vocabulary of the previous year plus; communication co-operation relationship friendship self-esteem aggressive negative/positive behaviour tolerance anonymous	Vocabulary of the previous year plus; consideration peer-pressure resilience persistence cyberbullying bystander empathy diversity consequences	Vocabulary of the previous year plus; collaboration prejudice conflict resolution boundaries gender discrimination permission seeking	Vocabulary of the previous year plus; physical contact racial discrimination confidentiality respect prejudice conflict resolution boundaries consent intercourse communication appropriate/inappropriate

Core 3: Living in the wider world

Foundation Stage	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
good/bad choice school rules local area money notes coins bank	Vocabulary of the previous year plus; right/wrong fair/unfair rules borrowing making choices jobs fact/opinion same/different	Vocabulary of the previous year plus; right/wrong fair/unfair rules making decisions local environment spending/saving beliefs race tolerance	Vocabulary of the previous year plus; communities/groups laws responsibility local organisations charity	Vocabulary of the previous year plus; discrimination stereotype financial management extreme views	Vocabulary of the previous year plus; democracy sovereignty dictatorship government monarchy community roles budget loan tax interest discount extremism	Vocabulary of the previous year plus; anarchy United Nations equal rights human right authority diverse community financial capability economic wellbeing culture traditions enterprise profit/loss debt/interest

Tier 3 Vocabulary

