

November 2014

To: All Parents/Carers of children in Reception and Year 6

**National Child Measurement Programme: January – March 2015.**

The National Child Measurement Programme (NCMP) measures the weight and height of children in reception class and year 6. We do this so that we have a good understanding of how children are growing across the county, to make sure the best possible health services can be provided for them. This is a statutory (mandatory) programme that Local Authorities are required by law to carry out.

**Your child's class will take part in this year's measurement programme.**

We think it is important to share the results with you so that you know whether your child is growing healthily. No child's height or weight measurements will be given to school staff, your child or other children.

**To obtain your child's official NCMP measurement results you do not need to do anything.**

You will automatically receive information regarding the programme and local services on the day your child is measured. Within 6 weeks of the measurement you will receive a letter with your child's measurements and recommended actions if your child's height and weight are outside of the expected range.

For more details about the measurement process and how to opt out if you do not want your child to take part please see over the page.

Yours sincerely



Rob Howard  
Consultant in Public Health

## Further information

- Measurements will be taken by trained school nursing staff from NHS Leicestershire Partnership Trust in a private area away from other pupils.
- Children will be weighed in normal indoor clothing without shoes and coats.
- **Children will not be made to participate if they do not want to.**
- Routine data, such as your child's name, national health number, sex, address, postcode, ethnicity and date of birth, will also be collected. This information will then be used within the local authority and NHS to help us understand and plan interventions for weight-related problems for children in your area. We may store the information on your child's health record.
- National and local level summaries of the data will be published. Individual results will not be identifiable. All information and results will be treated confidentially.
- Sometimes NCMP data are used to evaluate and improve the NCMP service. This data is aggregated and individual children are not identifiable.
- For further information please see the enclosed leaflet or call NHS Health Improvement Services on 0116 295 3913.

If you **do not** want your child to take part, please email or write to the NCMP Team by 19<sup>th</sup> December 2014.

NCMPprogramme@leicspart.nhs.uk

Health and Wellbeing Service  
Bridge Park Plaza  
Bridge Park Road  
Leicester  
LE4 8PQ

You will need to ensure you receive a confirmation email or letter otherwise your child may still be asked to take part.

**If you require help with understanding the content of this document please telephone 0116 295 4743**

Hadii aad u baahantahay in lagaa caawiyo fahmida qoraalka ku qoran documintigaan fadlan nagala soo xiriir telefoonkaan 01162954743.

नेवत कुवाण्टू इस दस्तावेज का हिस्सा समझने लड़ी मदद की लेव है उां ह्रीपा वरवे इस नंबर से टैलीफोन वरें 0116 295 4743

Jeśli potrzebujesz pomocy w zrozumieniu treści tego dokumentu prosimy o telefon pod numer 0116 2954743.

જો તમને આ દસ્તાવેજમાં આપેલ માહિતી સમજવા માટે મદદ જોઈતી હોય તો મહેરબાની કરીને 0116 2954743 પર ફોન કરો.

अगर आपको इस दस्तावेज में शामिल जानकारी समझने में सहायता चाहिए तो कृपया 0116 295 4743 पर फोन कीजिए।

এই ডকুমেন্ট'এর কোন বিষয় বুঝতে আপনার যদি সাহায্যের প্রয়োজন হয়, তাহলে অনুগ্রহ করে 0116 295 4743 নাম্বারে টেলিফোন করুন।

اگر آپ کو اس دستاویز کے مشمولات کو سمجھنے میں مدد کی ضرورت ہو تو براہ کرم ہمیں 0116 2954743 پر فون کریں۔"