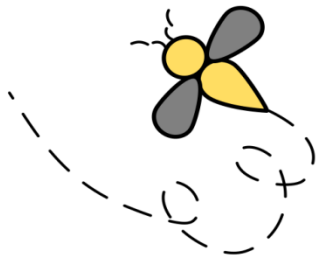


## What is an ELSA



An ELSA is a specialist teaching assistant with a wealth of experience of working with children. ELSAs are trained and regularly supervised by the Educational Psychologists in your Local education authority. An ELSA is a warm and caring person who wants to help your child feel happy in school and to reach their potential educationally. Their aim is to remove the barriers to learning and to have happy children in school and at home.

Please do talk to the ELSA in your school if you have any concerns about your child.



## ELSAs can help with



Loss and bereavement

Self-esteem

Social skills

Emotions

Friendship issues

Emotional Development

Anger Management

Behaviour

Anxiety

Bullying

Conflict Resolution

Resilience



## ELSA



**E**mootional

**L**iteracy

**S**upport

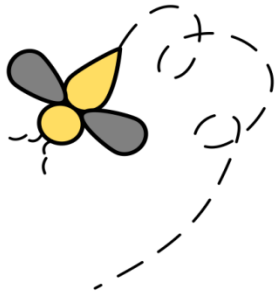
**A**ssistant

Mrs Watson

[ELSA@dsatdanemill.org](mailto:ELSA@dsatdanemill.org)

07340 521738

Twitter @EPIC\_ELSA



## Sessions

The ELSA will plan their sessions for your child very carefully. The session consists of several parts.

### Emotional check in

This is an opportunity to talk about feelings, and share their news/events.

### Warm up activity

A fun game or activity to help relax your child.

### Main activity

The ELSA will plan the activity to a learning objective. This will vary each week and work towards an end goal. The sessions are planned to meet individual needs and learning styles.

### Cool Down

Your child can play a game, read a book, or an activity of their own choosing to ensure they are ready to go back to class.

Your child may be given a task to do during the week to use the new skills they have been taught.



## Other Services

Anxiety UK

Young Minds

NSPCC

Blaby School Nurse Team

ADHD Solutions

Autism Outreach Service

Early Help

Mermaids UK

Place2Be

GP

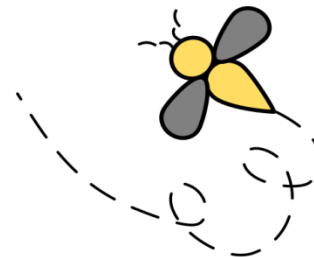
Mind.org

Action for Children

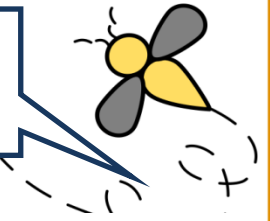
The Laura Centre

Sibs

CAMHS



## Recommended books/stories



The Invisible String

The Colour Monster

Mum and Dad Glue

Silly Billy

Have You Filled A Bucket Today?

Little Mouse's Big Book of Fears

The Huge Bag of Worries

Making Friends is an Art

Badgers Parting Gift

Little Meerkat's Big Panic

Anna Angrysauros

Babbity's Big Bad Mood

The Day Poppa Turned Into A Star

Lying up a Storm

The Day The Crayons Quit